

PUT YOUR BEST SAFETY FOOT FORWARD



An obvious but painful fact is that an accident can result in life-changing injuries. But not all accidents are created equal. Sometimes, what seems to be a minor accident on the surface turns out to be a major one because it affects unit readiness.

Speaking of surfaces... slips, trips and falls are among the most common and preventable accidents around the workplace.

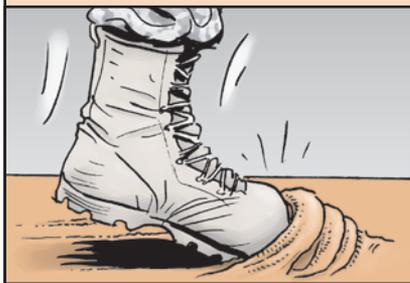
Awareness and taking proactive steps to reduce hazards are the keys to protecting Soldiers and civilians.

Here are some ways to nip slipping and tripping dangers in the bud:

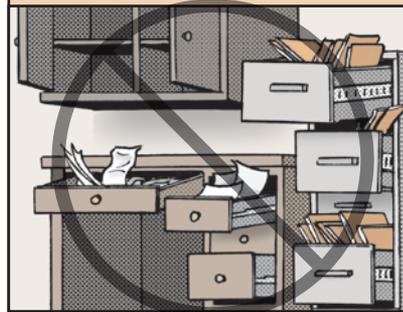
- CLEAR PATHWAYS OF **OBSTACLES** LIKE BOXES AND **TRIPPING HAZARDS** LIKE EXTENSION CORDS. SCOUT FOR SMALL HAZARDS, TOO. SOMEONE CAN SLIP ON SOMETHING AS SIMPLE AS A PENCIL LEFT ON THE FLOOR.



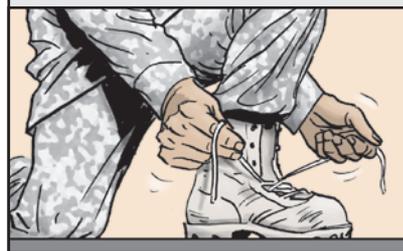
- CHECK THAT ALL FLOORING SURFACES ARE LEVEL AND SECURED. REPAIR BROKEN TILES AND OTHER TYPES OF LOOSE OR TORN FLOORING SUCH AS CARPETING.



- CLOSE DESK AND CABINET DRAWERS WHEN THEY'RE NOT IN USE.



- CIVILIANS SHOULD CHOOSE FOOTWEAR WITH **LOW HEELS** AND **NONSLIP SOLES** FOR THE WORKPLACE. SOLDIERS AND CIVILIANS ALIKE, KEEP THOSE LACES **SHORT AND TIED**.



- ADJUST YOUR WALKING SPEED AND STYLE DEPENDING ON SURFACES. IF A SURFACE IS ROUGH, UNEVEN, SLIPPERY OR ANGLED, **SLOW DOWN!** TAKE SMALL, CAREFUL STEPS.

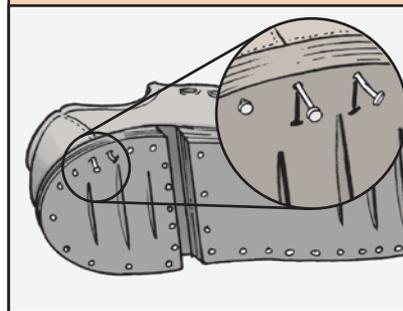


- BE SURE SHOES AND BOOTS HAVE **ADEQUATE TREAD** BEFORE WALKING ON **ICY, GREASY OR WET SURFACES**.



- MAKE SURE ANY NECESSARY WARNING SIGNS ARE POSTED IN WORK AREAS. FOR SPECIFIC MOTOR POOL SAFETY TIPS, SEE PAGES 56-59 IN PS 728 (JUL 13):
<https://www.logsa.army.mil/psmag/archives/PS2013/728/728-56-59.pdf>

- KEEP FOOTWEAR IN GOOD REPAIR. A DEFECT LIKE A NAIL POKING THROUGH A HEEL CAN CAUSE TRIPS OR SLIPS.



FOR MORE POINTERS ON **BOOSTING WORKPLACE SAFETY**, VISIT THE US COMBAT READINESS/SAFETY CENTER WEBSITE AT
<https://safety.army.mil/>

