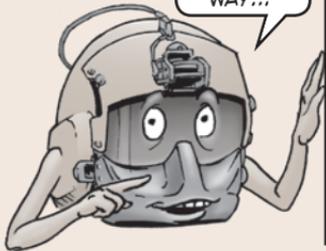


DONNING THE HELMET IS AN EXERCISE IN PREVENTIVE MAINTENANCE, TOO.

REMEMBER, IF YOU SPREAD THE HELMET TOO MUCH WHEN PUTTING IT ON, YOU WEAKEN IT, AND THAT CAN LEAD TO *CRACKS*.

HERE'S THE RIGHT WAY...



1. Hook your thumbs over the ear cups and spread the helmet just slightly.
2. Place the front edge of the helmet firmly against your forehead.
3. Rotate the helmet rearward and down onto your head.
4. Press the helmet down firmly with both hands.
5. Adjust the nape straps, but do not pull on both straps at the same time. Pull on one end and then the other in a see-saw fashion for a snugger fit.
6. Adjust the chin strap.

PS END

Air Warrior...

Turn-in of MCUs



Mechanics, the microclimate cooling unit (MCU), NSN 8415-01-508-6626, is currently available through the wholesale supply system.

Excess MCUs should be turned in to the wholesale supply system for repair or proper demil and disposal. To turn in MCUs and request serviceable or unserviceable credit, your unit should submit a report of excess using document identifier code (field turn-in equipment).

If you have questions about turning in MCUs, contact Rakeshia Ransaw, DSN 897-2008, (256) 313-2008 or email: rakeshia.d.ransaw.civ@mail.mil