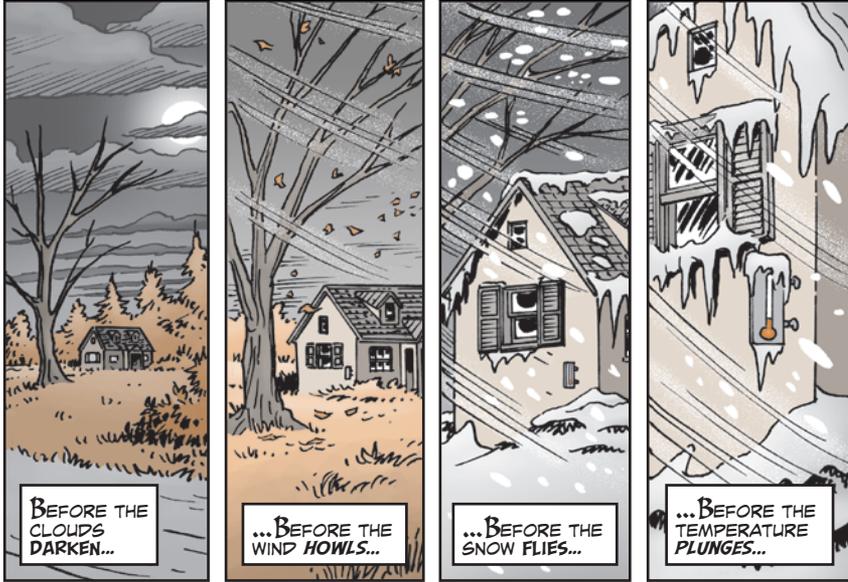


# Read Anything Good Lately?



BEFORE THE CLOUDS DARKEN...

...BEFORE THE WIND HOWLS...

...BEFORE THE SNOW FLIES...

...BEFORE THE TEMPERATURE PLUNGES...

...YOU NEED TO COMPLETE YOUR WINTER EDUCATION. IF YOU'RE HEADING TO MOUNTAINS OR SNOWFIELDS THIS WINTER, YOU MUST UNDERSTAND THE DANGERS POSED BY SNOW, ICE, WIND AND COLD.

YOU MUST **LEARN** TO SURVIVE IN FRIGID CLIMATES AND PROTECT YOURSELF AGAINST COLD-WEATHER INJURIES.

BEGIN YOUR EDUCATION BY READING THE FOLLOWING PUBS FOUND ON THE ARMY PUBLISHING DIRECTORATE (APD) WEBSITE:

<http://www.apd.army.mil/>

- FM 3-05.70, *Survival*
- FM 3-97.6, *Mountain Operations*
- FM 31-70, *Basic Cold Weather Manual*
- FM 31-71, *Northern Operations*
- TB MED 508, *Prevention and Management of Cold-Weather Injuries*
- TC 21-3, *Soldier's Handbook for Individual Operations and Survival in Cold-Weather Areas*



FOR AN ADVANCED EDUCATION, YOU'LL WANT TO VISIT THE U.S. ARMY PUBLIC HEALTH COMMAND (PHC) WEBSITE:  
<http://phc.amedd.army.mil/Pages/default.aspx>

FROM THE HOME PAGE, CLICK ON DISEASES AND CONDITIONS. ON THE NEXT SCREEN, SCROLL DOWN AND CLICK ON COLD INJURY PREVENTION.

IT'LL TAKE YOU TO THE FOLLOWING LINKS...

- Cold Weather Casualties and Injuries
- Related Sites
- Resource Materials
- Field Preventive Medicine

THESE LINKS LEAD TO A VARIETY OF DOCUMENTS AND TRAINING AIDS ABOUT THE CAUSES, SYMPTOMS, TREATMENT AND PREVENTION OF INJURIES.

## Story Time with Half-Mast

OF COURSE, DON'T FORGET TO READ THE WINTER ARTICLES IN BACK ISSUES OF PS, THE PREVENTIVE MAINTENANCE MONTHLY.

THE FOLLOWING ARTICLES ARE LOADED WITH INFORMATION ABOUT COLD-WEATHER CLOTHING, SURVIVAL AND PERSONAL PROTECTION...

Subject	PS Issue Number	Pages
Cold-weather quiz	708	52-55
Boots, socks, frostbite	672	50-55
Drying the extended cold-weather clothing system (ECWCS) parka	669	55
Anti-contact gloves	660	52
Meals	660	50-51
ECWCS mittens, POL gloves, frostbite	649	48-51
Socks	647	50-51
Desert camo parka	647	49
Anti-contact gloves	638	51
Cleaning clothes	638	46-47
CVC underwear	636	54-56
Special OPS clothing	636	52-53
Patching ECWCS	636	50-51
Washing underwear	624	55
Trigger finger mittens	623	54-56
Hood	623	52-53
Clothing facts	623	49-51
ECWCS water repellency	622	51-53
ECWCS underwear	613	48-49

OR YOU CAN READ THE STORIES ONLINE AT THE PS WEBSITE:  
<https://www.logsa.army.mil/psmag/psonline.cfm>