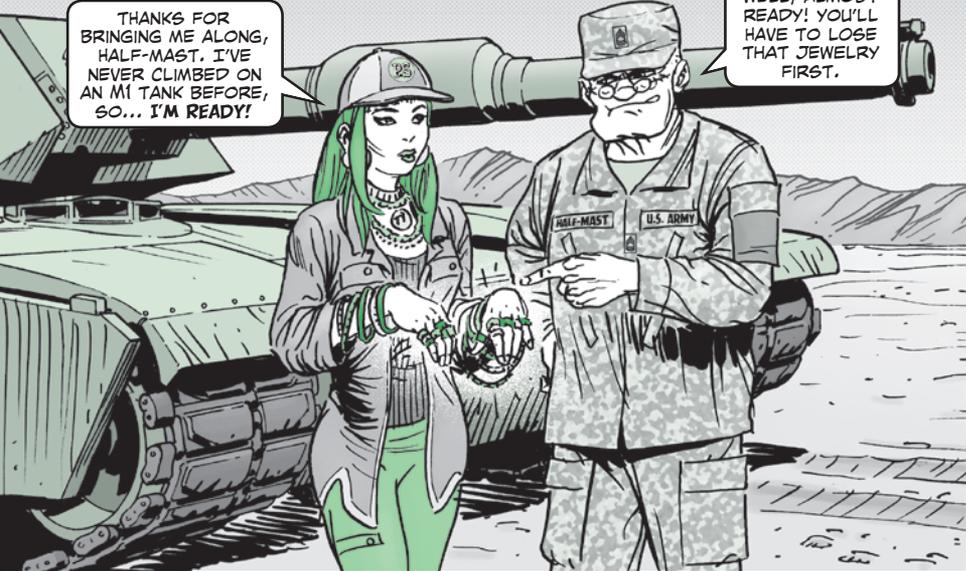


# BE CAREFUL WHEN YOU CLIMB

THANKS FOR BRINGING ME ALONG, HALF-MAST. I'VE NEVER CLIMBED ON AN M1 TANK BEFORE, SO... I'M READY!

WELL, ALMOST READY! YOU'LL HAVE TO LOSE THAT JEWELRY FIRST.



Climbing on or off Army vehicles sounds easy enough. Soldiers do it daily without injury. But there are some who don't do it safely, risking a bad hand injury or even the loss of a finger.

The Army had 13 accidents between FY 08-11 that were caused by improper mounting and dismounting. And each of those accidents resulted in the amputation of a fingertip or a finger. Nine Soldiers wore rings that got caught on equipment. So just removing rings could have saved their fingers.

The Army has a lot of big equipment so you must always be aware of fall hazards. This is especially true when climbing on or off equipment during maintenance and while securing equipment for transport.

When dismounting, be careful where you put your hands and feet. Besides degloved or amputated fingers, you can suffer injuries to your ankles, legs, knees, wrists, arms and upper body.

TAKE IT FROM ME... DON'T WEAR RINGS!



SO HOW CAN YOU AVOID GETTING HURT? HERE ARE A FEW TIPS...



- Use extreme caution when mounting or dismounting a vehicle. Never dismount a vehicle by jumping from it.

- Make sure you understand and use the three points of contact method when mounting, dismounting or moving around on the vehicle. This means having two hands and one foot or two feet and one hand on the equipment at all times.



- Break three points of contact only when you reach the ground, cab, turret or a stable platform.
- Do not use wheel hubs, machine tracks or door handles for mounting and dismounting.
- Ensure the driver or gunner is aware whenever people mount or dismount the vehicle.
- Wear protective gloves as needed.

- Use the parts designed by the manufacturer for mounting and dismounting, such as steps, running boards, traction strips, footholds, and handgrips. Keep these parts clear of mud, snow, grease and other hazards that can cause slips, trips or falls.



- Never mount or dismount a moving vehicle. Drivers must bring the vehicle to a complete stop before allowing anyone to mount or dismount.
- Never climb in front of a weapon to mount the vehicle.
- Remove all jewelry when working around Army equipment.

TO LEARN MORE ABOUT THE HAZARDS YOUR EQUIPMENT MAY PRESENT, GO TO THE DRIVER'S TRAINING TOOLBOX AT... <https://safety.army.mil/drivertrainingtoolbox>

YOU'LL NEED TO USE YOUR AKO LOGIN.

