

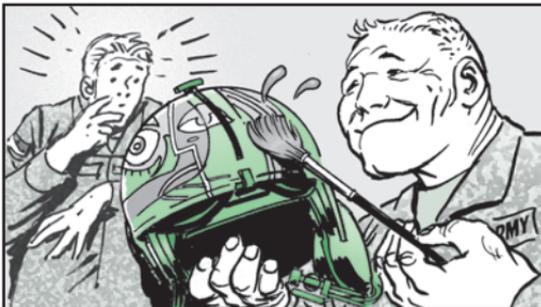
# YOUR NOGGIN AND HELMET NO-NO'S

PILOTS AND GUNNERS, YOUR AH-64'S INTEGRATED HELMET AND DISPLAY SIGHTING SYSTEM (IHADSS) IS A **DELICATE** PIECE OF EQUIPMENT. IT PROTECTS AN EVEN MORE DELICATE ITEM—**YOUR NOGGIN!**

TO KEEP THE HELMET IN SYNC WITH WEAPONS, COMMUNICATING AND PROTECTING YOUR HEAD, HERE IS A **REMINDER** OF SOME THINGS YOU SHOULD ALREADY KNOW NOT TO DO.



1. If you catch the Picasso bug and want to paint, grab a canvas and go for it. Just don't put a paint brush to the helmet. And forget stickers. The only authorized paint for the helmet and shell is touch-up paint, NSN 8110-01-331-6113, listed in TM 9-1270-233-23&P and EM 0126, TM 1520-Longbow/Apache.



2. If you don't want to hear the wrath of your ALSE tech, take your helmet with you when leaving the aircraft. Don't leave your helmet in the cockpit or a car. The inside of a cockpit and car can get hotter than a two dollar pistol. That heat can cook the helmet and fry all its parts.
3. Avoid the habit of stuffing the inside of your helmet like a holiday turkey with gloves, maps, flashlights, checklists and knee boards. The helmet is fitted for your head only. Anything stuffed inside can ruin that fit.
4. Don't snatch the IHADSS helmet harness out of the ICS cord when the mission is over. This breaks pins in the harness connector and the wires in the ICS cord. Then you won't be able to boresight the aircraft weapons or communicate.
5. The helmet is not a seat, so don't sit on it. Sitting on your helmet can create soft spots that put your noggin in harm's way.



**TAKE CARE OF YOUR HELMET AND IT'LL TAKE CARE OF YOUR NOGGIN!**