

# Match the Food to the Mission



ARE YOU AND YOUR BUDDIES PLANNING TO HEAD OUT ON A LONG PATROL?

OR ARE YOU FACING A LONG STRETCH OF OUTDOOR DUTY IN COLD WEATHER?



IN EITHER CASE, YOU NEED TO GET OPERATIONAL RATIONS MADE JUST FOR THESE MISSIONS.

## On Long Patrol

The long range patrol (LRP) food packet, NSN 8970-01-467-1749, is a restricted calorie ration meant for special operations. You take the LRP packets on missions where there's no resupply, or when you're traveling light and weight and volume matter. Usually, each soldier gets issued one meal pouch per day for up to 10 days. The LRP food packet comes in a tan pouch similar to the current MRE.

## In the Cold

As its name implies, the cold weather meal (MCW), NSN 8970-01-467-1753, is intended to feed soldiers working in extreme cold. It won't freeze, and it comes with extra drink mixes for countering dehydration. Usually, each soldier gets issued three meal pouches per day. You'll need all that food to replace the calories you burn up in the deep freeze. The MCW is packaged in a white pouch.

Each NSN brings a box containing 12 meal pouches. And each pouch has a different menu that includes a dehydrated entree, snacks, beverage powder and an accessory packet.



Soldiering in extreme cold? Take the meal, cold weather



FOR MORE ON THE MCW AND LRP PACKET, VISIT THE DEFENSE SUPPLY CENTER PHILADELPHIA (DSCP) SUBSISTENCE WEBSITE:  
<http://www.dscp.dla.mil/subs/>

ONCE THERE, CLICK ON OPERATIONAL RATIONS. ON THE NEXT SCREEN, CLICK ON RATIONS PROGRAMS/PRODUCTS IN THE LEFT-HAND BANNER. ON THE NEXT SCREEN, CLICK ON MCW/LRP IN THE TABLE.

Menu 1	Menu 2	Menu 3
Spicy Oriental Chicken w/Rice	Beef Stew	
Fruit Bar	Chocolate	
MRE Crackers	Peanut Brittle Bar	MRE Peanut Butter
MRE Peanut Butter	Nut Raisin Mix	Soup, Noodle, Ramen, Instant
MRE Beverage Base	Cocoa Beverage Powder	Cocoa Beverage Powder
LRP: Accessory Pack A MCW: Accessory Pack D	LRP: Accessory Pack A MCW: Accessory Pack D	LRP: Accessory Pack A MCW: Accessory Pack D
Spoon	Spoon	Spoon

Choose from 12 menus



Defense Supply Center Philadelphia  
Subsistence Website

## FMS FOR THE MOUNTAINS AND THE COLD

If you're heading to the mountains this winter, take along these field manuals:

- FM 3-97.61, *Military Mountaineering*
- FM 31-70, *Basic Cold Weather Manual*
- FM 31-71, *Northern Operations*

They're essential reading for those deployed in high country or in freezing climates. The FMs cover tactics, operations, survival skills, clothing, shelter, personal gear, sleds, first aid and much more.

You'll find the FMs at the Army Publishing Directorate website:

<http://www.apd.army.mil/>