

LAST DEFENSE AGAINST FROZEN FEET



Night falls. You're standing a lonely post in some rugged mountain pass far from home. You brace yourself against howling, wind-driven snow stinging your face. The temperature hovers around freezing, but with the wind chill it feels more like sub-zero.

You've endured fierce winters before, so you're prepared. Clothed in cold weather gear—parka and trousers, balaclava and hood, insulated boots and mittens—you're dry, warm and safe.

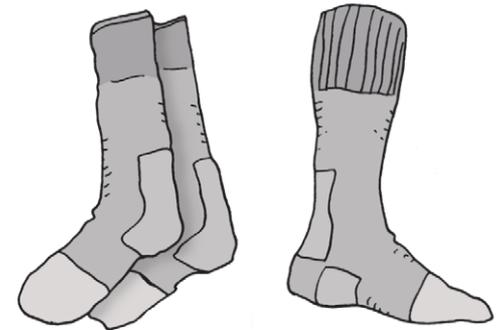
You're also wearing **extreme cold weather socks**, because you know that feet and toes are especially vulnerable to frostbite. Frostbite can numb and cripple your feet and leave you stranded in a white-out blizzard beyond the reach of help.

NSN	Sock Size	Men's Shoe Size	Women's Shoe Size
8415-01-511-0446	Small	NA	4 to 6
8415-01-511-0453	Medium	5.5 to 8.5	6.5 to 10
8415-01-502-2744	Large	9 to 12.5	10.5 to 13
8415-01-502-2745	X-large	13 to 15	NA

These heavy, over-the-calf socks were made for wear in sub-zero temperatures on rugged terrain. Here are some of their features:

Wear extreme cold weather socks in sub-zero temps

- light gray heather color
- full padding at the ankle, instep and leg relieves boot and lace pressure
- padding in the ball and heel protects the foot and helps prevent blisters
- the toe is 100% worsted wool for warmth



Because of the thickness of these socks, you may need to wear cold weather boots one-half size larger than you normally would. Wear the socks when you're being fitted for cold weather boots.

None of these socks is found on the AMDF. Order on DD Form 1348-6 and put "NSN not on the AMDF" in the REMARKS block.

DEFEAT WINTER'S FURY

Here comes Winter pounding on your door, ready to launch its full fury against you: rain, snow, ice, wind and numbing cold. But you still have time to prepare for the onslaught. Start by reading some back issues of PS, the Preventive Maintenance Monthly. The following articles are packed with PM tips about cold weather clothing:

Subject	PS Issue Number	Page (s)
Cleaning cold weather clothing	638	46-47
Anti-contact gloves	638	51
Patching extended cold weather clothing system (ECWCS)	636	50-51
Special OPS cold weather clothing	636	52-53
CVC cold weather underwear	636	54-56
Washing cold weather underwear	624	55
Cold weather clothing facts	623	49-51
Extreme cold weather hood	623	52-53
Cold weather trigger finger mittens	623	54-56
ECWCS water repellency	622	51-53
ECWCS underwear	613	48-49

READ THE STORIES ONLINE AT THE PS WEBSITE:
<https://www.logsa.army.mil/psmag/psonline.cfm>

