

HARNESSING YOUR MASK

MPH...PHRUM..
OOMPHMM PA-
PRMPH..PHRM
FRUMFF..OOMP.

CONNIE SAYS
"TO HARNESS YOUR
M40 OR M42 MASK'S
PROTECTIVE POWERS,
PAY ATTENTION TO
THE HARNESS."



It's easy to put the harness on inside out. Then the crosspiece rubs against your head, which makes for very uncomfortable training. The crosspiece should be put on so that its "T" is on top and its seams face out.

When you adjust the harness straps the first time, tighten them until they're snug. Once the straps are snug, loosen only the cheek straps when you take off your mask. Then you will need to tighten only the cheek straps when you put on the mask again, which will save time during timed drills and chemical alerts.

