

Exercise Good PM



NCOs, you already set aside a big chunk of each workday to make sure your soldiers get the PT they need to do their job.

But make sure you set aside another chunk of time to make sure the equipment they'll use gets the exercise it needs, too.

It's not PT then—it's PM.

Equipment can wear out just by sitting too long. Without regular exercise:

**Hoses get soft and mushy or dry rot*

**Polished surfaces—like cylinder rods—corrode, then cut seals the next time you operate, causing leaks*

**Seals dry rot*

So keep equipment fit. Set up a schedule for your operators to run their equipment for 20 minutes or so at least once a month.

While they're at it, have 'em look for leaks under equipment and shiny spots or rust around nuts and bolt heads. Have 'em listen for unusual noises, too. In short, they should fix or report anything that doesn't look, feel, smell or sound right.